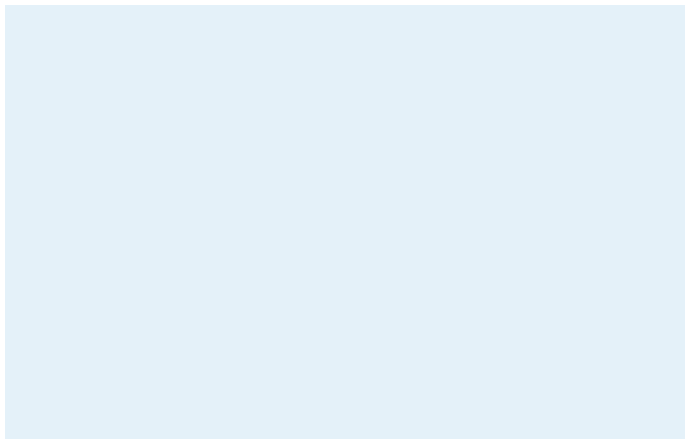


THRIVING FROM HOME

My work space looks like :



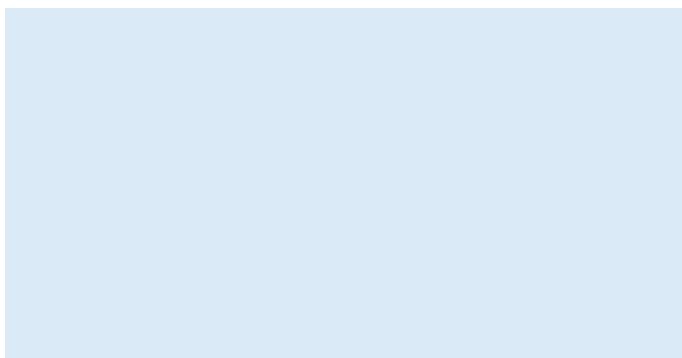
Replacing my morning commute with:



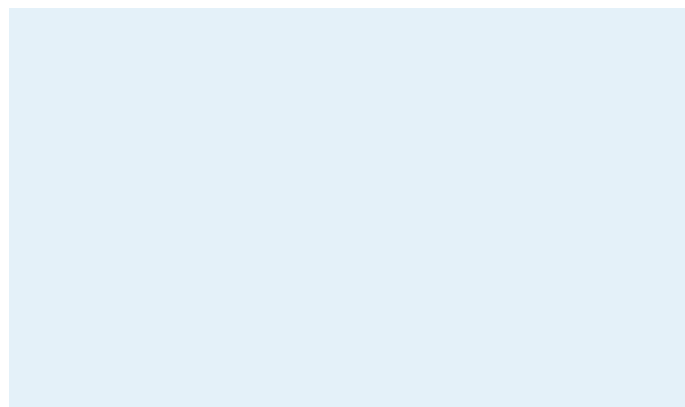
On my lunch break I...



My daily non-negotiable ritual:



3 favourite foods to fuel my brain:



When I unplug from comms I do this instead:

